



Micro Needling

T h e r a p y

A microneedle stamp treatment is typically applied directly to an area of wrinkled, damaged, or uneven skin, targeting the tissue for natural healing through collagen production. You simply allow the microneedles to puncture the skin

I combine micro needling stamping with Mesotherapy as I use high quality ampules to feed, nourish and soothe the dermis.

Mesotherapy is a technique that uses injections of vitamins, enzymes, hormones, and plant extracts to rejuvenate and tighten skin, encourage hair growth as well as remove excess fat.

It is used by aestheticians to help regenerate, firm skin and treat hyperpigmentation. Also used to treat Alopecia (hair loss)

While Botox prevents wrinkles by temporarily paralyzing the facial muscles, mesotherapy works to nourish the skin, layer by layer.

For skin pigmentation issues, mesotherapy is also an ideal option.

"The ampules contain essential ingredients for long-term healthy skin that also help to remove sluggish toxins from the skin cells too. This can help to combat dark circles under the eye, as well dark or discoloured patches "

Because mesotherapy is noninvasive, there usually isn't any downtime.

Many people are able to return to their regular activities right away. Others may need to take a day off due to swelling and pain at the injection sites.

How long will it take before I see results?

The visible results will depend upon each individual and may be affected by; age of the user, skin condition, diet, smoking and drinking habits.

The average time in which a user of Fine-Light will see tangible results is 4 to 6 weeks.

In-office LED light therapy requires up to 10 sessions or more, each spaced out about a week apart. You may start to see minor results after your first session. Results will be more dramatic and noticeable once you've finished all of your treatments.

How many treatments needed?

For the Red Light, for the treatment of aging or photoaged skin, the recommended frequency of Red LED Light Therapy is 1-2 treatments

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every week for 6 weeks. Maintenance is recommended every 30-60 days.

For the Blue Led Light, the recommended frequency is 2-3 treatments per week for 2 weeks. Then cut back the treatments to 2 per week for 4 more weeks. Maintenance is recommended every 4-6 weeks, depending on the individual's UV exposure and lifestyle.

Resource hub-

<https://www.healthline.com/health/beauty-skin-care/led-light-therapy#overview>

<https://my.clevelandclinic.org/health/treatments/22146-led-light-therapy>

<https://www.medicalnewstoday.com/articles/led-light-therapy>

<https://www.healthline.com/health/beauty-skin-care/led-light-therapy>

<https://www.easemedspa.com/led-light-skin-therapy-1>

<https://www.cancer.org/cancer/cancer-causes/radiation-exposure/uv-radiation.html>

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